Privacy Policy for Attention Timer

Last Updated: January 8, 2026

Overview

Attention Timer is a Chrome extension that helps you manage your time online by tracking website usage and blocking sites when time limits are reached. We take your privacy seriously and are committed to being transparent about what data we collect and how we use it.

What Data We Collect

Attention Timer collects and stores the following information **locally on your device**:

Web History Data

- **Website domains** you visit (e.g., "twitter.com", "youtube.com")
- **Time spent** on each website (tracked in seconds)
- **Daily usage totals** for websites on your blocklist
- **Historical usage data** from previous days
- **Your blocklist** (the websites you've chosen to monitor)
- **Time limits** you've set for each website

Example of Data Stored:

Blocklist: twitter.com (30 minute limit)
Today's Usage: twitter.com (15 minutes, 32 seconds)
History: January 7, 2026 - twitter.com (45 minutes)

How We Use Your Data

Your data is used exclusively for the following purposes:

1. **Track time spent** on websites you've added to your blocklist
2. **Enforce time limits** by blocking sites when daily limits are exceeded
3. **Display usage statistics** in the extension popup and settings page
4. **Store historical data** so you can review past usage patterns (future feature)

Data Storage

Local Storage Only

- **All data is stored locally** on your device using Chrome's storage API
- **No data is transmitted** to external servers, databases, or third parties
- **No analytics or tracking services** are used
- **No data leaves your computer**

Data Retention

- Data is stored indefinitely on your device until you:
    - Click "Clear History" in the settings page (clears usage history, keeps blocklist)
    - Remove a website from your blocklist (clears data for that site)
    - Uninstall the extension (removes all data)

Your Control Over Your Data

You have complete control over your data:

- **View your data:** See all tracked websites and usage in the Settings page
- **Delete specific sites:** Remove websites from your blocklist to stop tracking them
- **Clear all history:** Use the "Clear History" button to delete all usage data while keeping your blocklist
- **Complete removal:** Uninstall the extension to permanently delete all data

Data Sharing

We do not share, sell, rent, or transfer your data to anyone. Period.

- **No third-party access:** Your data never leaves your device
- **No advertising:** We do not use your data for advertising purposes
- **No analytics:** We do not collect analytics or usage statistics
- **No cloud sync:** Data is not synced across devices or uploaded to any server

Children's Privacy

Attention Timer does not knowingly collect any information from children under 13. The extension is designed for general audiences and does not target children specifically.

Changes to This Privacy Policy

We may update this privacy policy from time to time. When we do:

- We will update the "Last Updated" date at the top of this policy
- Changes will be reflected in the extension's listing on the Chrome Web Store
- Continued use of the extension after changes constitutes acceptance of the updated policy

Contact Information

If you have questions or concerns about this privacy policy or how Attention Timer handles your data, please contact us:

Email: chrome-developer@beacon2.com

Your Consent

By installing and using Attention Timer, you consent to this privacy policy.

Summary: Attention Timer tracks which websites you visit and how long you spend on them, storing this information locally on your device. No data is ever sent to external servers, and you can delete your data at any time.